

Beginners' Bushcraft and Survival Camp

IMPORTANT INFORMATION REGARDING CAMP MENU

This beginner's bushcraft camp is a catered event.

Allergy advice: The menu is based around considerations for survival meal options. This will include ideas of meals made from flour, foraged plants & fruits and fish.

As such, if you have food allergies (in particular gluten, nuts) your participation should be very carefully considered (not recommended for you to attend).

The menu will be almost entirely comprise of items purchased from reputable supermarkets, stores or food suppliers. There may be the opportunity for persons to sample foraged items at the site; with very careful consideration given to minimal impact and environmental sustainability.

First aid: When foraging foods, there is always the potential that individuals may have unexpected reactions to unfamiliar or bush foods. As such every individual should have an antihistamine as part of their first aid kit. Participants that have epipens are advised to ensure that it is carried at all times throughout the activity.

Each participant is required to have a small first aid kit that can be attached to a belt/ belt loop to be carried around the site throughout the activity.

Preparation, cooking and cleaning: Whilst the event's menu is a catered, it is an expectation that all participants will help to prepare, cook and clean-up after meals.

Fishing: As part of the activity, a survival fishing activity will be undertaken. This will include a legislation discussion, and will involve fishing with hand lines. There are fish in the waterways at the site, and as part of the activity, fish may be caught. As a minimal impact/sustainability consideration, all non-invasive fish species that are caught on the activity will be returned to the water. Any invasive species will be dispatched in accordance with best practices. Please note that some persons may find this to be emotionally distressing. Participants will be asked prior to the activity if they wish to be involved in these activities.

Fish preparation: Whilst all non-invasive fish will be returned to the waterways, fresh fish will be provided as part of the menu. These fish will be from the Snowy Mountains Trout Farm at Tumut. These fish will be unprepared, and will need to be cleaned, gutted and cooked as one of the evening meals. Again, some persons may find this to be emotionally distressing or traumatic. Participants will be asked prior to the activity if they wish to be involved in the preparation of fish.