



GWSR Bushwalking Practice Adventurous Journey

Lake Munmorah State Conservation Area
Frazer Beach campground

Duration: Approx. 24 km/3 days
Start/Finish: Lake Munmorah, Elizabeth Bay Drive
Catherine Hill Bay, Montefiore Street
Aimed at: Older Cubs, Scouts and Leaders
Dates: School holidays 26, 27 & 28 September

Toilets: Toilets, showers and picnic shelter available at the campground.

Drinking Water: Carry a minimum of 2.6 litres. We will replenish water on Sunday.

Any parents available to transport water to campground please advise Tristan. Sealed road available.

Day 1 Approx. 6.8 km Grade: Access road and walking track medium undulations some ascent and decent within 40 m range. Palms 60 m campground 20 m. Elizabeth Bay Dr to Frazer Campground via NP Gate, Campbell Drive and Palms Picnic Area. Set up tents on arrival.

Day 2 Approx. 4.8 km each way Grade: Medium undulations ascent and decent ridge. Frazer Campground to Catherine Hill Bay via Moonee Beach Trail and return.

Day 3 Approx. 6.8 km or 4.8 km Grade: Pack up tents this morning. Access road and walking track medium undulations ascent and decent within 40 m range. Return to Lake Munmorah via the outward route or continue to Catherine Hill Bay via Moonee Beach Trail.

Start and finish with bus connections however during COVID Scouts NSW recommend to use alternate means of travel.