



Nepean District Joey's

Sleep-Over Suggested Gear List

Please allow Joey's to pack their own bag under your supervision, this is all part of the learning experience for camps. Also ensure that all items are clearly labelled with Joey's name. Note: No electronic gaming, mobile phones, iPod, lollies or soft drink are allowed on any Scout camp.

Packing

- Suitable bag to pack everything
- Day Bag (Back pack)
- Water bottle

Overnight

- Sleeping bag / blanket and pillows
- Sleeping mat, e.g. inflatable mattress
- Warm Pyjama's or tracksuit
- Comfort toy (if required)
- Pull up pants (if required)
- Torch – preferably a head lamp
- Spare batteries for torch

Clothing

- Full uniform (wear to activity)
- Wide brimmed sunhat
- Collared/polo shirts (sunsafe) x 2
- Underpants and spare
- Socks x 2
- Pair of long pants/track pants
- Jumper or sloppy joe
- Warm jacket
- Raincoat or wet weather poncho
- Sturdy enclosed shoes (eg. runners)
- Warm beanie/hat & camp blanket

Mess Kit / Dilly Bag

- Breathable draw string bag (not plastic)
- Plate (melamine or plastic only)
- Bowl (melamine or plastic only)
- Cup (melamine or plastic only)
- Knife
- Fork
- Spoon
- 2 Tea towels

Personal Kit

- Towel
- Soap
- Toothbrush
- Toothpaste
- Sunscreen
- Insect repellent (no aerosols)
- Deodorant (no aerosols)

Medications

Must be in sealed snap lock bags, clearly labelled with; Name, Dosage and Group. They are to be presented to the first aid team at registration